

Astronaut Dave Brown Memorial
2022 Girl's Meet Schedule
(11/14/2022)

Session I – Saturday, December 10th - Modified Capitol Cup (Warm-up/compete)
Girls - Level Silver

7:30 am – Check-In
8:00 am – Open stretch
8:20 am – Assemble at starting event/Opening Ceremony
8:30 am - Timed Warm-Ups start with competition following immediately.

Session II – Saturday, December 10th - Modified Capitol Cup (Warm-up/compete)
Girls - Levels 5 & Gold

12:00 pm – Check-In
12:30 pm – Open stretch
12:50 pm – Assemble at starting event/Opening Ceremony
1:00 pm – Timed Warm-Ups begin with competition following immediately

Session III – Saturday, December 10th - Modified Capitol Cup (Warm-up/compete)
Girls - Levels - 6-10, P&D

4:30 pm – Check-In
5:00 pm – Open stretch
5:20 pm – Assemble at starting event/Opening Ceremony
5:30 pm - Timed Warm-Ups begin with competition following immediately

Session IV – Sunday Dec. 11th- Modified Capitol Cup (Warm-up/compete)
Girls - Levels Bronze & 2s

9:00 am – Check-In
9:30 am – Open stretch
9:50 am – Assemble at starting event/Opening Ceremony
10:00 am - Timed Warm-Ups start with competition following immediately.

Session IV – Sunday Dec. 11th- Modified Capitol Cup (Warm-up/compete)
Girls - Levels 3 & 4

1:30 pm – Check-In
2:00 pm – Open stretch
2:20 pm – Assemble at starting event/Opening Ceremony
2:30 pm - Timed Warm-Ups start with competition following immediately.

We will follow the Olympic order of events:
Awards to follow competition.